FOREVER
THE SICKEST
KIDS

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2 I Guess You Can Say Things Are Getting Pretty Serious 3:14
3 Life Of The Party 3:00
4 Robots & Aliens 3:04
5 King For A Day 3:12
6 Good Life 3:26
7 Same Dumb Excuse (Nothing To Lose) 3:16
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1 Keep On Bringing Me Down

Written by Austin Bello, Kyle Burns, Jonathan Cook, Kent Garrison, Marc Stewart, Caleb Turman
Forever The Sickest Kids Publishing (ASCAP)
Produced and Mixed by David Bendeth
All Arrangements by FTSK & David Bendeth
Recorded at The House Of Loud Studios, Elmwood Park, NJ
Mix Engineer: Dan Korneff

2 I Guess You Can Say Things Are Getting Pretty Serious

Written by Austin Bello, Kyle Burns, Jonathan Cook, Kent Garrison, Marc Stewart, Caleb Turman
Forever The Sickest Kids Publishing (ASCAP)
Produced & Mixed by David Bendeth
All Arrangements by FTSK and David Bendeth
Recorded at The House Of Loud Studios, Elmwood Park, NJ
Mix Engineer: Dan Korneff

3 Life Of The Party

Written by Austin Bello, Jonathan Cook, Mark Jackson, Ian Scott, Marc Stewart, Caleb Turman
Forever The Sickest Kids Publishing (ASCAP), Mark Jackson Music Publishing/
Irving Music, Inc. (BMI), Gamma Tone Music Publishing/Almo Music Corp. (ASCAP)
Produced by Shep Goodman, Aaron Accetta, Mark Jackson & Ian Scott
Engineer: Mike Caffrey
Mixed by Tom Lord-Alge
Assisted by Femio Hernandez *at* South Beach Studios

4 Robots & Aliens

Written by Austin Bello, Jonathan Cook, Geoff Rockwell, Marc Stewart, Caleb Turman.
Forever The Sickest Kids Publishing (ASCAP), Chaos.Theory Media Publishing (ASCAP)
Produced by Shep Goodman, Aaron Accetta & Geoff Rockwell
Tracking Engineer: Kent Stump
Mixed by Tom Lord-Alge
Assisted by Femio Hernandez *at* South Beach Studios
Recorded at Crystal Clear Studios, Dallas, TX

5 King For A Day

Written by Austin Bello, Zac Maloy, Caleb Turman
Forever The Sickest Kids Publishing (ASCAP)
Produced by Shep Goodman, Aaron Accetta & Geoff Rockwell
Recorded at Crystal Clear Studios, Dallas, TX • *Tracking Engineer:* Kent Stump
Mixed by Tom Lord-Alge • Assisted by Femio Hernandez at South Beach Studios

6 Good Life

Written by Austin Bello, David Bendeth, Jonathan Cook,
Shep Goodman, Marc Stewart, Caleb Turman
Forever The Sickest Kids Publishing (ASCAP), EMI April Music Inc. and DRAWOC (ASCAP),
David Bendeth/Hallclay Music / Socan/BMI / Universal Publishing
Produced & Mixed by David Bendeth • *All Arrangements by* FTSK and David Bendeth
Recorded at The House Of Loud Studios, Elmwood Park, NJ
Mix Engineer Dan Korneff

7 Same Dumb Excuse (Nothing To Lose)

Written by C. Kelly, R. Bille Bahncke, J. Scharff, R. Golan, D. Wilenski
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Zomba Enterprises Inc. (ASCAP), Claude Kelly Published by Studiobeast Music (BMI) /
Warner Tamerlane Music Corp (BMI), Dan Wilenski The Big Wilenski (ASCAP),
Jared Scharff Me Verse You (ASCAP), Ross Golan Back in Dijbouti (BMI)
Produced by theSinglesClub • *Recorded by* theSinglesClub
at This Is Care Of Studios, NY, NY & Carriage House Studios, Stamford, CT
Mixed by Miles Walker

8 Bipolar, Baby!

Written by Austin Bello, David Bendeth, Jonathan Cook, Kent Garrison, Marc Stewart, Caleb Turman
Forever The Sickest Kids Publishing (ASCAP),
David Bendeth/Hallclay Music/Socan BMI/Universal Publishing
Produced & Mixed by David Bendeth • *All Arrangements by* FTSK & David Bendeth
Recorded at The House Of Loud Studios, Elmwood Park, NJ
Mix Engineer: Dan Korneff

9 Summer Song

Written by Austin Bello, Jonathan Cook, Tim Pagnotta,
Marc Stewart, Caleb Turman
Forever The Sickest Kids Publishing (ASCAP),
Pagzilla Music / CYP One Publishing (ASCAP)
Produced and Mixed by David Bendeth
All Arrangements by FTSK and David Bendeth
Recorded at The House Of Loud Studios, Elmwood Park, NJ
Mix Engineer: Dan Korneff

10 Forever Girl

Song Written by: Mark Jackson and Ian Scott, Caleb Turman, Austin Bello.
Forever The Sickest Kids Publishing (ASCAP), Mark Jackson Music Publishing/
Irving Music, Inc. (BMI), Gamma Tone Music Publishing/Almo Music Corp (ASCAP)
Produced by Mark Jackson & Ian Scott for MJ & iROK Productions
Mixed by Aaron Accetta & Shep Goodman
Additional programming by Aaron Accetta

11 What Happened To Emotion? (Killing Me)

Written by Austin Bello, Jonathan Cook, Shep Goodman, Marc Stewart, Caleb Turman
Forever The Sickest Kids Publishing (ASCAP),
EMI April Music Inc. & DRAWOC (ASCAP)
Produced by Shep Goodman & Aaron Accetta • *Engineer:* Mike Caffrey
Mixed by Tom Lord-Alge • *Assisted by* Femio Hernandez *at* South Beach Studios

All Songs Mastered by Tom Coyne *at* Sterling Sound NYC
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A&R Coordination: Elizabeth Vago *for* Universal Motown
A&R Administration: Meredeth Oliver *for* Universal Motown
Product Manager: Lisa Linder *for* Universal Motown • *Press:* Kimberly Harris
for Universal Motown • *Production Director:* Jennifer Beal *for* Universal Motown
Album Art & Layout by Kyle Burns • *Additional Package Coordination:* Lorna Leighton
Promotional Pictures by Jeremy Gibson • *Additional Photography by* Mindy White

KYLE:

Id like to thank God for blessing me with everyone in my life who has helped me along the way. My family, Mom, Dad, Sherilyn, Morgan, Kayleen, Matt and Julie, Marc, Jonathan, Kent, Caleb, Austin, Kent, K Dirty, Rico, Geoff Rockwell, Dustin Levine, Ziggy Williamson, Tribe Menace, Billy the Kidd, Ray Hughes, Torriz, Junior, Kidd Kraddick, Tommy & Terry Quonn, Melissa Berger, Shep Gooodman, Brandon Chamberlain, Elizabeth Vago, Lisa Linder, Big Hev, Snafu, Chris Hill, Christian Anderson, Chum Lee, Brandon Germain, Wayne Neil, Tom Lord Alge, Adam from Journeys, Greg Hammer @ Red Bull, Ben Davies @ Vic Firth, Sean Staples, Robbie Lucero and fam, Paul @ Shine UK, Keeley @ BlooEmpire, Butch & Phone Calls FromHome, Chae Hawk, Chuck Kim & Starkey Hearing, Craig Calloway, Daniel Drysdale, Danny Hutto, David Bendeth & everyone @ House of Loud Studios, Mod Sun, Gunz, Domingo Rodriguez, Drama @ Young & Reckless, Jenny B, Jessica Brown, Joel Fruth, Runner Runner, Bowling for Soup, Family Force 5, All Time Low, You Me at Six, Good Charlotte, Scene Aesthetic & Danger Radio, Cobra Starship, Selena Gomez, Kelly Colgen, Kristen @ Breckinridge Snowboarding, Substream Music Press, Jason Pettigrew @ AP magazine, Mike Ziemer, Sarah @Zildjian, and the lovely Mindy White. And anyone else i forgot to mention!

AUSTIN:

My Lord and Savior Jesus Christ, my Mom, Dad, my beautiful sisters Angela and Melissa, the entire Bello family, a gorgeous girl named Natalie, Jonathan and Jessica Burton, Deezy and Lily Courtney ;), Jeeeeeeeeenn, K dirty, Ziggy heyyyaaaa, Danny Hutto, Rico, Ducky, Robi aka "Tribe" "Triburtu" "Tributani", Billy the Kid, Tommy Quon, an awesome band called "GUM", Caleb!, Kyle!, Kent!, Jonathan!, Marc!, Kelly, Colin Cashman, the incredible producers: David Bendith, as well as Geoff Rockwell, our A&R dudebro Shep Goodman, Aaron Accetta, Universal Records, the castle, the poseidon, Gus, Garret, toast, tacos and cheese cubes! Thank you very much!

CALEB:

I'd like to start by thanking all of my band-mates, Austin, Kyle, Marc, Kent and Jonathan-I love you guys more than you'll ever know. My mom and dad for all of their unconditional love and support. My brothers, Casey, Chase and Wade for always being there for me when I need them most. My sister, Samantha and her two beautiful kiddos-Haley and Wesley-I love you guys! I am so incredibly blessed to be constantly surrounded by such amazing people, so I must also thank God for giving me this opportunity and for those amazing people. To all of my friends back in Dallas, you all know who you are, thank you guys so much for all of your support these past four years and for always being down to chill whenever I get home. To Ziggy-for being the best roommate a guy could ask for: love you brother! A HUGE thank you to all of our friends...wait, no, FAMILY, at TQ Management and to everyone at Universal who has worked with us for the past four years-I appreciate you all so much. And last, but certainly not least, to all of our fans. I know we say this all of the time, but we LITERALLY wouldn't be here without you. Thank you so much for buying this CD. I hope it's everything you ever imagined and so much more!

JONATHAN:

My guiding light Jesus Christ who gracefully leads me through this life, Julie and Sam Cook for parenting me in a way to succeed, My girlfriend Bethany Ruffin and all her loving Family, Ashley Cook, Michelle Bell, Heidi Jansen, these are my three sisters who taught me how to dance, and give me advice I need to keep going, Ted Barker my older brother who is actually technically my uncle, Brian Bell, and Mark Jansen my two brothers-in-law who taught me how to be a man and what that means, Brian, Missy, Meagan, and Colton for beong the neighbors anyone would love to come home to, Dr Johnson and his family, Ed Young and his family, Pace Hartfield, Chris King, and everyone else at Fellowship Chirch in Grapevine, My five closest buddies Judson Stafford, Billy Beacham, Michael Milam, Chris Hill, and Dennis Tuttle for being true friends, everyone at Love Everyone for helping me spread a message I believe in, Brandon and All the people at Tightrope Creation, all my other family for being my support, eveyone one of the fans I have gotten to have time with at a show or event, you for buying our music, you have joined the FTSK family, Chumlee and all the guys at Pawn Stars Gold and Silver Pawn in Las Vefas, Robert, Robin, Rhett and Reed Noland, Aaron Thomas, Christian Anderson an his family, Paris Hilton, Selena Gomez, Brian and Mandy Teefy, Line 6 mics, Audix Mics, Taylor guitars, Arizona Tea, Shepard Fairey, Will Rhoten, Jeremy Gibson, Brandon Chamberlin, Shep Goodman, Losa Linder, and everyone else at Universal/Cash Money Records, J-14 Magazine, Melissa Berger, Billy and Julie the Kidd, Tommy and Terry Quon, Tq Management, Mike Marquis and Matt Galle, Band Merch, Band Wear, Jamie and Chris at TWLOHA, Blood Water Mission and Jars of Clay, Danny Hutto, Ziggy Williamson for gang vocals on three tracks, Ducky, Robi Menace "Tribe", Danny Drysdale, Pat Summerall, Steve Mangus and the Dallas Cowboys, Tracy Hackler, Rodney Allsup, Scotty Prusha and all the guys at Panini trading Cards, Rick Perry, Andre Dowd, Jacoby and tge guys in Papa Roach, David Bendeth, John Bender, and everyone at the House of Loud Studios, Kaaron Accetta in Mt.Kisco New York, Claude Kelly and our NTL boys, Mike Shimshack, Mark and Ian sick!!, Tim Pagnotta, universal rehearsal, all my boys in These Kids Wear Crowns, Boys like Girls, Good Charlotte, Bowling for Soup, Family Force 5, Secondhand Serenade, Semaj Foreman, Johnny Mark Jacob, Runner Runner, all the people at Bamboozle, all our overseas fans, I am sure I left people out but you know who you are and you are in our hearts, and to anyone who has ever written FTSK or Forever the Sickest Kids on a train, wall, sign, bathroom mirror, worn a shirt, slapped up a sticker, blared a song, bought an album, seen a show, followed us online, watched us on tv, or just plain loved our music THANK YOU and realize our bands success and this very album is because of you, God Bless.

MARC:

My amazing wife for supporting me in all that I do, my Mom and Bill for always having food ready for me and a place to conduct band meetings. My Dad for La Hacienda and always supporting me. My big brother Matt for always a being a big brother to me, I wouldn't be who I am without that, and a special shout out to Julie and the cutest nephew in the world Cade. A special thanks to my puppy Olive for letting me dress her up all the time. My amazing Nana and Papaw, for caring so much for me, and to my Grandma, you will always be remembered. To any of my family that has ever supported me, thank you! Thanks to my boys at Budda: Chris Kelly & Brandon Marlan, together we are gonna take over the world next year. Lynda Hayden and everyone at Line 6 for giving me the ability to make crazy sounds. Mike Lipe for the amazing custom Peavey guitars. Everyone at the label for the continued support and belief: Shep, Lisa, Elizabeth, B- dog the man Brandon C. money ya. A special shout out to the House of Loud and everyone that works there, thanks David for the best recording experience I have ever had. Thanks Christian Anderson for the great week in Vegas, Binions will never be the same. The original G stare Geoff Rockwell minus the chair speakers. Everyone in our management team: Robi, Tommy and Billy, you guys are a huge blessing to all of us, and Jessica for always keeping us safe. Thanks to our hard workers that keep our show running on the road: Rico, Dustin, Ziggy, Snafu, Cfox, Danny, KDIRTY. Most importantly God for blessing me with my talents and the opportunity to keep doing what I love.

FOREVER THE SICKEST KIDS would like to thank:

Forever the Sickest Kids would like to thank: Our Lord and Savior, Jesus Christ for blessing each of us with our talents and for providing the opportunities given to us. All of our families for their love and support. Our fans in the UK, Japan, Europe, Ireland, Scotland, Australia, Brazil, Indonesia, The States, and in our hometown of Dallas. Anyone who has ever been to a show, bought or made a sticker, t-shirt, bracelet, sign, hoodie, CD, or just told someone about us—we would be nothing without you. The awesome bands we have toured with over the past few years, especially: Good Charlotte, Boys Like Girls, Cobra Starship, Travie McCoy, All Time Low, Hanson, We The Kings, Papa Roach, Third Eye Blind, Family Force 5, Cine, Selena Gomez and the Scene, and all the others we couldn't list here, we love you all. Thank you to Fender, Audix, Taylor, Line 6, Budda, Shine Drums, Warrior Guitars, Blood Water Mission, and To Write Love on Her Arms. To Christian Anderson and his family, Paris Hilton, Chumlee and the guys at Pawnstars Gold and Silver Pawnshop, David Bendeth, John Bender, Dan the Man, Big K and all the guys at the House of Loud Studios. Mark and Ian, Claude Kelly and all the Nothin' to Lose crew, The Door, Karen Noseff & our homie Brandon Chamberlain & Linda Septien, Josh at Pure Volume, Bree at Buzznet, John D. at Live Nation, all our friends at Bamboozle, Matt Galle, Mike Marquis at The Paradigm Agency, Shep Goodman and Aaron Accetta "Kaaron," Lisa Linder, SYLVIA RHONE, all of our family at Universal Motown and Cash Money Records, all of TQ management including Robi Menace, Tommy Quon, Terry Quon, Chuck Quon and Billy the Kidd; all of our crew, Snafu, Ziggy Williamson, Charlie Fox, Ian Planet, Chris Hill, Rico Garcia, Danny Hutto, and Dustin Levine "ducky"; Kidd Kraddick and all the KKITM cast, the guys at FOX 4 DFW, the Dallas Observer, all music venues in Dallas that were teethed on as young musicians, Band Wear, Band Merch, Hot Topic, Chuck Norris, Nolan Ryan, Jerry Jones and the Dallas Cowboys' organization, Donny Nelson and the Dallas Mavericks, Ron Washington and the Texas Rangers Ball Club, the guys at Maximedia, Geoff Rockwell, Christopher Loydell Hicks, Wayne our bus driver and FOH, Ray Hughes, Melissa Berger, and a huge thank you to ALL of our fans because without you enjoying the music we make, this dream come true, would have just been a dream!

Management: Tommy Quon, Robi Menace, William Green at TQ Management Agency, Plano, TX.
www.tqmanagement.net www.myspace.com/tqmanagementagency
Legal Representation: Jessica Brown Wilson at Littler Mendelson, PC

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